

PROMOTION RECOMMENDATION
THE UNIVERSITY OF MICHIGAN
MEDICAL SCHOOL
DEPARTMENT OF PSYCHIATRY

Rebecca K. Sripada, Ph.D., assistant professor of psychiatry, Department of Psychiatry, Medical School, is recommended for promotion to associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School.

Academic Degrees:

Ph.D.	2013	University of Michigan
B.A.	2006	Middlebury College

Professional Record:

2015-present Assistant Professor of Psychiatry, University of Michigan

Summary of Evaluation:

Teaching: Dr. Sripada serves as the associate training director of the Veterans Affairs Serious Mental Illness Treatment Resource Evaluation Center (SMITREC) Advanced Post-doctoral Fellowship Program. This program is an APA-accredited post-doctoral program affiliated with the national Veterans Affairs Advanced Fellowship program and the Michigan Medicine Ann Arbor Veterans Affairs Psychology Post-doctoral Training Program Consortium. She co-facilitates a twice-monthly Professional Research Development seminar which discusses specific topics relevant to the development of professional research and conveys fellow research presentations and faculty feedback.

Dr. Sripada is a member of the Ann Arbor Veterans Affairs Psychology Training Committee where she provides individual teaching and clinical supervision to pre- and post-doctoral psychology interns and fellows. She provides group training and supervision to pre-doctoral interns learning evidence-based treatment for PTSD. Dr. Sripada supervises trainees and reviews video recording interactions between patients and trainees providing detailed feedback. As one of the few faculty members in the department with special expertise in PTSD, including effective treatments, Dr. Sripada is frequently sought out as a primary research mentor. She mentors post-doctoral fellows from the Veterans Affairs Advanced Fellowship program and Veterans Affairs Center for Clinical Management Health Services Research and Development post-doctoral program. Her mentoring role has led to six peer-reviewed manuscripts as senior author on three and second author on two.

Research: Dr. Sripada has developed an independent research program investigating prevalence and obstacles to the receipt of high-quality, evidence-based treatment for posttraumatic stress disorder (PTSD) as well as disparities in access to treatment. Her early research revealed a critical need to improve the availability of evidence-based treatment and adapt evidence-based interventions to better fit the context in which they are delivered. She received a Veterans Affairs Career Development Award to identify best practices and test novel delivery strategies for evidence-based treatment in Veterans Affairs PTSD residential programs. Dr. Sripada recently completed a quality improvement project funded by the Michigan Department of Health and Human Services, and the Frances and Kenneth Eisenberg Innovation Award. This project was

developed to test the feasibility of delivering another evidence-based trauma-focused treatment, Prolonged Exposure for Primary Care, by telehealth to patients in Federally Qualified Health Centers. Her study found that Prolonged Exposure for Primary Care was feasible and acceptable and led to large decreases in PTSD and depression symptoms that were sustained at two and four month follow-up appointments. She received a second grant, the Frances and Kenneth Eisenberg Innovation Award, to initiate a PTSD treatment training program for Employee Assistance Program counselors who treat healthcare workers on the frontlines of the COVID-19 pandemic across four healthcare systems. Dr. Sripada recently received notification of an R01 from NIMH to conduct a sequential, multiple assignment, randomized trial (SMART) to develop a stepped-care intervention for PTSD in Michigan Federally Qualified Health Centers. She also received a newly funded four-year multisite Veterans Affairs Merit Award to adapt Cognitive Processing Therapy into a brief format using the Multiphase Optimization Strategy. Dr. Sripada's current projects will help move the field in the promising new direction to make effective treatment more widely available to individuals with PTSD. She is an implementation scientist and a fellow of the Implementation Research Institute.

Dr. Sripada as a national leader in the field of PTSD health services research and one who is already having an impact on the provision of evidence-based PTSD treatment. She has published 56 peer-reviewed articles in many high-impact journals, including *JAMA Network Open*, *Biological Psychiatry*, and the *Journal Consulting and Clinical Psychology*. She has been invited to present her research as part of the Veterans Affairs National Center for PTSD Consultation Program Lecture Series, and has completed two visiting professorships and several extramural invited presentations.

Recent and Significant Publications:

Sripada, R.K., Ready, D.J., Ganoczy, D., Astin, M.C., & Rauch, S.A.M.: When to Change the Treatment Plan: An Analysis of Diminishing Returns in VA Patients Undergoing Prolonged Exposure and Cognitive Processing Therapy. *Behavior Therapy*, 51(1), 85-98, 2020.

Sripada, R.K., Blow, F.C., Rauch, S.A.M., Ganoczy, D., Hoff, R., Harpaz-Rotem, I., Bohnert, K.M.: Examining the Nonresponse Phenomenon: Factors Associated with Treatment Response in a National Sample of Veterans undergoing Residential PTSD Treatment. *Journal of Anxiety Disorders*, 63, 18-25 2019.

Hale, A.C., Bohnert, K.M., Ganoczy, D., Sripada, R.K.: Predictors of treatment adequacy during evidence-based psychotherapy for PTSD. *Psychiatric Services*, 70(5), 367-373 2019.

Sripada, R.K., Pfeiffer, P.N, Rauch, S.A.M., Ganoczy, D., Bohnert, K.M.: Factors Associated with the Receipt of Documented Evidence-Based Psychotherapy for PTSD in VA. *General Hospital Psychiatry*, 54, 12-17 2018.

Sripada, R.K., Bohnert, K.M., Ganoczy, D. & Pfeiffer, P.N.: Documentation of Evidence-Based Psychotherapy and Care Quality for PTSD in the Department of Veterans Affairs. *Administration and Policy in Mental Health and Mental Health Services Research*, 45(3), 353- 361, 2018.

Service: A large focus of Dr. Sripada's work is determining prevalence and obstacles to the receipt of high-quality, evidence-based PTSD treatment. She is a clinical psychologist with over 10 years of clinical experience delivering evidence-based treatment to individuals with PTSD and other anxiety disorders. She spends one day a week providing evidence-based psychotherapy to Veterans in the Mental Health Clinic at the Ann Arbor VA. Dr. Sripada evaluates the delivery of trauma-focused treatment and identifies ways to improve treatment access. She serves on local, regional, and national committees. She is an active member of the International Society for Traumatic Stress Studies where she shares her expertise on PTSD interventions and health services research. Dr. Sripada is an ad-hoc reviewer for 36 peer-reviewed journals and is an ad hoc member of SERV (Mental Health Services Research Committee) Scientific Review Group within the National Institute of Mental Health. She also served on the Scientific Review Panel of the Veterans Affairs and Department of Defense Consortium to Alleviate PTSD and the Communications Committee of the National Veterans Affairs Measurement Based Care Initiative. In October 2020, she began providing training and consulting in evidence-based PTSD treatment to counselors from Michigan hospital Employee Assistance Programs care for frontline healthcare workers with COVID-19 - related PTSD symptoms. This consultation opportunity is now being expanded to national providers.

External Reviewers:

Reviewer A: "...she has deep expertise in cognitive behavioral interventions and is a true scientist practitioner...Dr. Sripada has been able to make significant contributions to the literature and to the field nationally...I see her as a model of clinical excellence for colleagues, students, and trainees...She also demonstrates a pattern of being singled out as an expert...emerging as a national leader...Dr. Sripada is among the best."

Reviewer B: "Dr. Sripada's main area of focus is on understanding access to, and quality of, evidence-based psychotherapies (EBPs) for PTSD...Dr. Sripada is currently PI of four funded projects totaling \$5.7 million; I note that she is still completing her VA Career Development Award, which makes this quite impressive...I have no doubt that Dr. Sripada would be eligible for promotion to Associate Professor at my institution."

Reviewer C: "For someone who received her PhD only 6 years ago, the quality and quantity of Dr. Sripada's accomplishments are extremely impressive...Dr. Sripada has made very important findings that can be translated into much better clinical care...It is clear that because of the quality of her work, Dr. Sripada has begun to attract the national recognition that, I am confident, will only increase with time...Dr. Sripada's standing is at or above others in her peer group...Her work would easily meet the requirements for promotion with tenure at [my institution]...I strongly recommend Rebecca Kaufman Sripada for promotion to Associate Professor of Psychiatry, with tenure, at the University of Michigan Medical School. I do so enthusiastically and without reservation."


Reviewer D: "Dr. Sripada's work is very impactful in understanding implementation and effects of evidence[-]based PTSD treatment, particularly in the Veterans Affairs (VA) healthcare system. Her work is helping to inform for whom and under what circumstances these treatments are most effective and to understand what strategies are most effective in making these treatments widely available in VA. She has been extremely productive in her time as an Assistant Professor, with

over 50 publications in total, many as first author. Her papers get published in high impact and high visibility journals and some of her papers have been selected to be highlighted in various VA publications and media outlets. I am particularly impressed with her series of papers using VA wide data, including from electronic medical records, which has been extremely informative in regard to who gets and who benefits from evidence-based PTSD treatment within VA. This is very novel work answering important questions on a large scale.”

Reviewer E: “Dr. Sripada has developed a national reputation for the quality of her work and her acumen in parsing complex problems in health care. The number and impact of her papers, and the quality of the journals where she has published are commensurate with other mental health services researchers promoted to Associate Professor...I believe she would meet promotion criteria at my own institution.”

Summary of Recommendation:

Dr. Sripada is nationally renowned for her work in PTSD. She is an excellent clinician and researcher who not only provides important care to veterans, but to the overall population during COVID-19. I am pleased to recommend Rebecca K. Sripada, M.D, Ph.D. for promotion to associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School.



Marschall S. Runge, M.D., Ph.D.
Executive Vice President of Medical Affairs
Dean, Medical School

May 2022